

Cornerstone Academy

April 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 3</p> <p>**</p> <p>sliced turkey in gravy <i>whole wheat coney bun</i> oven potatoes, diced steamed broccoli cuts ketchup 1% milk ** fresh apple (1/2) 1% milk</p>	<p>4</p> <p>**</p> <p>salisbury beef steak in light brown gravy <i>whole wheat roll</i> mashed potatoes steamed carrot coins ketchup 1% milk ** cheddar goldfish 100% juice</p>	<p>5</p> <p>**</p> <p>chicken zoo crew <i>with whole grain breading</i> sweet potatoes 4-way vegetable mix ketchup 1% milk ** fresh melon wedge 1% milk</p>	<p>6</p> <p>**</p> <p>meatballs n' Roma sauce <i>whole wheat breadstick</i> steamed cut green beans fresh leafy salad greenz' reduced calorie ranch 1% milk ** cheese n' whole wheat roll 1% milk</p>	<p>7</p> <p>**</p> <p>"cured" turkey & cheese <i>in wheat tortilla wrap</i> lotsa bean salad fresh cucumber slices reduced calorie ranch 1% milk ** vanilla yogurt "pudding" 100% juice</p>
<p>2 10</p> <p>**</p> <p>chicken breast nuggets <i>with whole grain breading</i> seasoned black beans steamed carrot coins ketchup 1% milk ** pineapple chunks in juice 1% milk</p>	<p>11</p> <p>**</p> <p>beef burger patty <i>whole wheat burger bun</i> oven potatoes, diced California veggie medley ketchup 1% milk ** fresh apple (1/2) 1% milk</p>	<p>12</p> <p>**</p> <p>cheddar cheese sauce & whole grain pasta shells steamed green peas fresh leafy salad greenz' reduced calorie ranch 1% milk ** fresh banana 1% milk</p>	<p>13</p> <p>**</p> <p>homestyle meatloaf in light brown gravy <i>whole wheat roll</i> mashed potatoes steamed cut green beans 1% milk ** mozzarella cheese stick 100% juice</p>	<p>14</p> <p>**</p> <p>turkey breast n' cheese <i>on whole wheat bread</i> mixed fruit in juice broccoli ranch salad light mayonnaise 1% milk ** crunchy trail mix 1% milk</p>
<p>3 17</p> <p>**</p> <p>beef meatballs <i>with tomato brown sauce</i> <i>whole wheat roll</i> mashed potatoes steamed cut green beans 1% milk ** banana yogurt "pudding" 100% juice</p>	<p>18</p> <p>**</p> <p>wg breaded chicken breast <i>whole wheat burger bun</i> oven diced potatoes steamed carrot coins ketchup 1% milk ** animal crackers 1% milk</p>	<p>19</p> <p>**</p> <p>tex-mex taco beef <i>wheat flour tortilla</i> Spanish brown rice bbq white beans pineapple orange salad 1% milk ** fresh RED apple (1/2) 1% milk</p>	<p>20</p> <p>**</p> <p>baked chicken breast & bow-tie wheat pasta Italian veggie medley fresh leafy salad greenz' reduced calorie ranch 1% milk ** cheese squares & crackers 100% juice</p>	<p>21</p> <p>**</p> <p>cowboy beans & franks (or turkey corny dog) <i>whole wheat bread</i> steamed broccoli florets ** 1% milk ** apple cinna bar 1% milk</p>
<p>4 24</p> <p>**</p> <p>beef burger patty <i>whole wheat burger bun</i> baked tater wedge steamed carrot coins ketchup 1% milk ** chilled diced pears in juice 1% milk</p>	<p>25</p> <p>**</p> <p>baked cheese taquito <i>Spanish-style brown rice</i> refried pinto beans fresh cucumber slices reduced calorie ranch 1% milk ** fresh melon chunks 1% milk</p>	<p>26</p> <p>**</p> <p>chicken breast nuggets <i>with whole grain breading</i> mashed potatoes buttered cut corn ketchup 1% milk ** fresh banana 1% milk</p>	<p>27</p> <p>**</p> <p>meatsauce Roma & whole-grain spaghetti steamed cut green beans fresh leafy salad greenz' reduced calorie ranch 1% milk ** crunchy trail mix 1% milk</p>	<p>28</p> <p>**</p> <p>turkey breast n' cheese <i>in wheat tortilla wrap</i> mixed fruit in juice hawaiian potato salad light mayonnaise 1% milk ** vanilla yogurt "pudding" 100% juice</p>

Twelve Oaks



Catering

committed to provide freshness, nutrition, and variety



lean meats
chicken breast meat

only fresh or frozen veggies

fresh or natural juice fruit

whole grains



all food produced in a TDA inspected kitchen



"always BAKED, never fried"



more info at twelveoaks.catering.com

